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# REPRESENTATIVE ZACK HUDGINS

The **COVID-19** virus can be transmitted between people very easily possibly resulting in serious illness or death. Your local, state and federal governments are responding with different resources and help to get us through this public health crisis. **Use only reliable sources of information to keep up with guidance and help available as we weather this storm together.** 

### STAY HOME STAY HEALTHY

- Stay home whenever possible, especially when you or anyone in your household is sick.
- Maintain six feet of space between individuals. It's okay to get fresh air, walk the dog, buy groceries and pick up medications.
- Eliminate nonessential trips outside the home. Use telecommute options and avoid public transportation whenever possible.
- Minimize contact with people, especially nonessential travel and visits with people over the age of 60.
- Reschedule nonessential social gatherings and travel.
- Keep in contact with loved ones remotely.

#### **INFORMATION IS CHANGING QUICKLY**

#### Stay up to date at:

**Official WA State website:** 

https://coronavirus.wa.gov

WA State Dept. of Health: doh.wa.gov/Emergencies/Coronavirus

## The Washington state Dept. of Health is taking calls from **6am to 10pm** daily at **1-800-525-0127**

The Legislature has set aside **\$200 million** to address **COVID-19** issues. That money will go to Unemployment Insurance needs, the Dept. of Health, University of Washington, Dept. of Social and Health Services for hospital beds, Dept. of Commerce for housing needs, and to support rural hospitals.